

*The 6th Annual*  
**Eating  
Disorder  
Network  
Conference**

**Friday  
March 22, 2019**

**WVU Health Sciences Center—  
Charleston Campus**

Jointly provided by:



**CAMC  
Institute**

**WVUDECC**  
DISORDERED EATING  
CENTER OF CHARLESTON

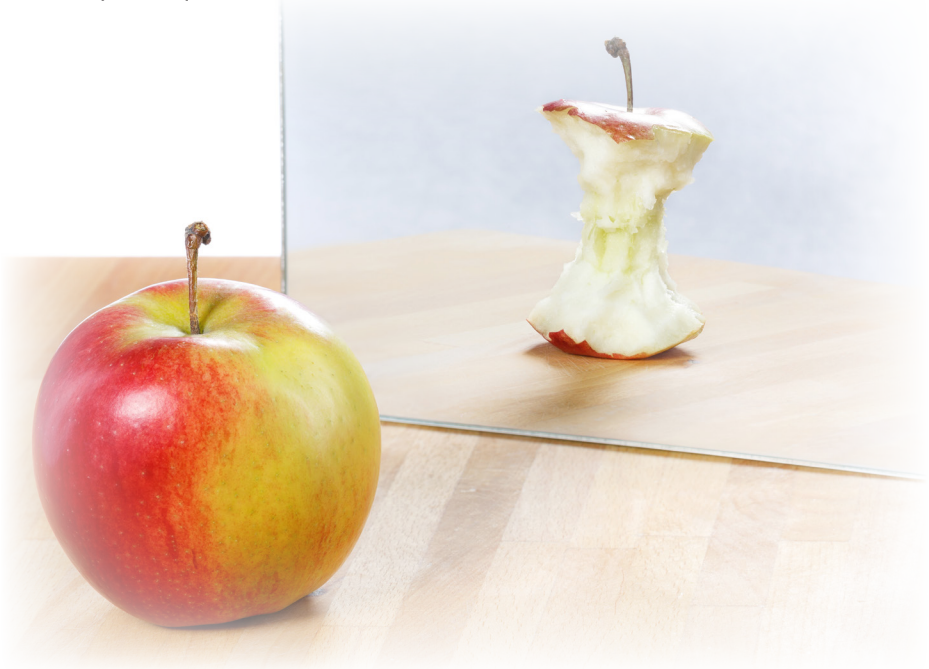
Register online at [camcinstitute.org/conference](http://camcinstitute.org/conference)



## Program overview

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The West Virginia Eating Disorder Network was developed in the summer of 2013 to provide a forum for providers of all disciplines to better understand and treat the complex challenges faced by clients with eating disorders. This conference is designed to review state-of-the-art clinical concepts and treatment considerations for individuals with disordered eating. It will also provide ample time for networking with other providers and treatment centers. Health providers including Psychiatrists, Psychologists, Licensed Professional Counselors, Social Workers, Nurses, Registered Dietitians, Addiction Counselors and other interested professionals and students are invited to attend. There are no prerequisites.





# Accreditation



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the WVUDECC and CAMC Health Education and Research Institute. CAMC Health Education and Research Institute is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the

Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physicians** – CAMC Health Education and Research Institute's CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. CAMC Health Education and Research Institute designates this live activity for a maximum of 6 AMA PRA Category I credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in this activity.

**Nurses** – CAMC Health Education and Research Institute is an approved provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This offering has been approved for 6 contact hours. (JA00026-21-19106) Expiration date is 2 years from the course date.

**Psychology** – The West Virginia Board of Examiners of Psychologists has approved this program for 6 contact hours.

**LPC** – An application has been submitted to The West Virginia Board of Examiners in Counseling. Approval is pending.

**Dietitians** – Dietitians can earn 6 CEU by self-reporting this activity to the Commission on Dietetic Registration the Credentialing Agency for the Academy of Nutrition and Dietetics.

**Social Work** – CAMC Health Education and Research Institute is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for 6 hours of social work credit. Approval number #490045.

**Addiction/Prevention** – CAMC Institute is an approved provider of continuing education by the West Virginia Certification Board for Addiction and Prevention Professionals. This program is approved for 6 CEUs. Approval number AP-17-114.



## Program faculty and planning committee

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### **Jessica Luzier, PhD, ABPP**

#### **Conference Chair**

Associate Professor  
Clinical Director,  
WVU Disordered Eating Center  
of Charleston  
West Virginia School of Medicine –  
Charleston Campus  
WVU Department of Behavioral  
Medicine and Psychiatry  
Charleston, WV

### **Angela N.R Miller, Ph.D., MPH, MSCP**

Clinical Health Psychologist  
VISTA Psychological & Counseling  
Centre Inc.  
Medical Staff – Internal Medicine/  
Psychology  
Mercy Medical Center  
Canton, OH

### **Chantel Marie Weisenmuller, Ph.D.**

Assistant Professor  
Director, Child Psychology  
West Virginia School of Medicine –  
Charleston Campus  
Department of Behavioral  
Medicine and Psychiatry  
Charleston, WV

### **Nicole M. Della Longa, MA**

Clinical Psychology Intern  
West Virginia University School of  
Medicine – Charleston Campus  
Doctoral Candidate in Clinical  
Psychology  
University of North Dakota  
Grand Forks, ND

### **Ali Thiel, MA**

Clinical Psychology Intern  
West Virginia University School of  
Medicine – Charleston Campus  
Doctoral Candidate in Clinical  
Psychology  
University of Wyoming  
Laramie, WY





## Agenda – Friday, March 22

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8:00 a.m.      **Registration/Continental breakfast**

8:30 a.m.      **Introductions & Program Overview**

**Jessica Luzier, PhD, ABPP**

Clinical Director, WVU Disordered Eating Center of Charleston

**Welcome Video**

**Senator Shelley Moore Capito**

9:00 a.m.      ***Morning Workshop:***

**Obesity, Binge Eating Disorder, and Bariatric Surgery:  
Implications for Assessment and Treatment**

**Angela N. R. Miller, Ph.D., MPH, MSCP**

Obesity is a chronic and debilitating medical condition that results from a complex mix of genetic, physiological, psychological, and social factors. It is a condition that is both costly and difficult to manage and it has been associated with an increased risk for numerous other chronic health problems including heart disease, Type 2 diabetes, cancer, and musculoskeletal degeneration (World Health Organization, 2000). With over 39% of all adult men and women in the United States classified as obese (CDC, 2018), the number of bariatric surgeries performed is on the rise. In 2017, approximately 230,000 procedures were performed, a nearly 70% increase since 2011 (ASMBS, 2018).

Binge eating disorder presents a clinical challenge for surgeons and mental health providers who assess patients with morbid obesity for candidacy for bariatric surgery due to its diagnostic characteristics and the associated increased risk of depression, anxiety, and other psychopathology (APA, 2013; Kalarchian, Marcus, Levine, et al., 2007; Wadden, Sarwer, Fabricatore, et al., 2007; Sarwer, Wadden, & Fabricatore, 2005; Jones-Cornelle, Wadden, Sarwer, et al., 2012). Estimates of the prevalence of binge eating disorder (BED) in surgery candidates vary from 5% to 50% (Wadden, Faulconbridge, Jones-Cornelle, et al., 2011) and there exists controversy in the literature regarding the degree of impact the diagnosis has on post-surgical outcomes. The current presentation will present a review of the literature in these areas, explain the most commonly performed bariatric surgical procedures, and provide recommendations for the assessment and clinical care of individuals with BED before and after bariatric surgery.



## Agenda – Friday, March 22

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### Learning Objectives

At the end of this workshop, participants will be able to:

1. Explain the most common bariatric surgery procedures and describe the components of a comprehensive pre-surgical psychological evaluation.
2. Discuss the prevalence of Binge Eating Disorder among those seeking bariatric surgery
3. Identify and explain the risks and implications of untreated psychopathology, particularly Binge Eating Disorder, on post-surgical outcomes and patient health and quality of life
4. Apply evidence-based/best practices for assessing and treating Binge Eating Disorder in a bariatric population

10:15 a.m.      **Break**

10:30 a.m.      **Morning workshop continued**

12:00 p.m.      **Lunch - provided - 4th Floor**

1:00 p.m.      **Afternoon Session**

### **Eating Disorders among Men and Gender Minority Persons**

**Alexandra M. Thiel, MA, Nicole M. Della Longa, MA.,  
and Chantel Weisenmuller, PhD**

Eating disorders are severe mental illnesses. Historically, eating disorders were thought to only affect females, and the vast majority of the research base on eating disorders centers upon this group of individuals. However, in the past decades, researchers have begun to expand the scope of the eating disorder literature to include individuals of varying ethnic identities, ages, and importantly, gender identities and sexual orientation (Darcy & Lin, 2012; Watson et al., 2017). Though prevalence rates of eating disorders tend to be elevated among females when compared to males (Hudson et al., 2007; Udo & Grilo, 2018), estimates suggest that males make up between 10% and 25% of eating disorder diagnoses (Sweeting et al., 2015). Furthermore, a recent nationwide survey of college students found that transgender

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## Agenda – Friday, March 22

### *Eating Disorders among Men and Gender Minority Persons — Continued*

college students were over four times more likely to report an eating disorder diagnosis in the past year compared to cisgender female peers (Diemer et al., 2015). These statistics suggest that a focus on females with eating disorders is a disservice to the many non-females with eating disorders. Therefore, it is critical to consider how clinical care (e.g., identification, assessment, treatment) of eating disorders for males and persons belonging to gender minority groups may differ from the care provided to females. It is also important to address unique co-occurring disorders and transdiagnostic factors that may inform assessment and treatment of eating disorders among males and gender minority individuals (e.g., gender dysphoria, emotional dysregulation). Additionally, males and gender minority persons experience unique barriers to obtaining eating disorder treatment and it is vital that clinicians consider these barriers and identify solutions. The current presentation will present a review of the literature in these areas and provide suggestions for the clinical care of males and gender minority individuals with eating disorders.

### **Learning Objectives**

At the end of this workshop, participants will be able to:

1. Explain diagnostic considerations and variations in eating disorder presentation among men and gender minority individuals.
2. Select appropriate evaluation methods to assess eating disorders and co-occurring behavioral health concerns (such as emotional dysregulation) in men and gender minority individuals.
3. Apply evidence-based/best practice interventions for eating disorders and co-occurring diagnoses in an inclusive and responsive manner.
4. Identify and problem-solve barriers to accessing residential or inpatient eating disorder treatment for men and gender minority individuals.

2:30 p.m.      **Break**

2:45 p.m.      ***Afternoon workshop continued***

4:15 p.m.      **Conference Evaluation / Adjourn**



## Presenter backgrounds

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### **Angela N. R Miller, Ph.D., MPH, MSCP**

Dr. Angela Miller is an Ohio licensed Clinical Health Psychologist practicing in Canton, Ohio. She maintains a private practice at Vista Psychological and Counseling Center and holds full medical staff privileges at Mercy Medical Center. Dr. Miller has extensive experience in treating and assessing patients at all stages in the bariatric surgery process and combines her specialized training in evidence-based care with her own experience as a patient 12 yrs post-surgery. She holds a Ph.D. in Clinical Psychology, a Master of Public Health, and a Master of Science in Clinical Psychopharmacology.

Dr. Miller is listed on the National Register of Health Service Providers in Psychology and currently serves on the Board of the Ohio Psychological Association as the Vice President of Professional Practice.

### **Chantel Marie Weisenmuller, Ph.D.**

Dr. Weisenmuller completed her Ph.D. in Clinical Psychology at the University of Kentucky and her predoctoral internship at Nationwide Childrens Hospital. She is an Assistant Professor and Director of Child Psychology in the Department of Behavioral Medicine and Psychiatry at WVU School of Medicine – Charleston Campus. Dr. Weisenmuller has also practiced as a licensed clinical psychologist in rural Appalachian communities, providing services to children, adolescents, adults, and families in outpatient, residential, correctional, and developmental center settings. She serves as the chair of the Colleague Assistance Program Committee for WVPA.

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## Presenter backgrounds — Continued

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### **Nicole M. Della Longa, MA**

Ms. Della Longa is a Clinical Psychology Doctoral Candidate from the University of North Dakota. She is currently completing her clinical internship at West Virginia School of Medicine – Charleston Area Medical Center in Charleston, West Virginia. Her research pursuits have primarily focused on the psychosocial risk factors for the development and maintenance of eating disorder behaviors. She has also received training in the provision of assessment and intervention services for patients with eating disorders within inpatient, partial hospitalization, intensive outpatient, and outpatient settings.

### **Ali Thiel, MA**

Ms. Thiel is a 5th-year doctoral graduate student in clinical psychology at the University of Wyoming and am currently completing my pre-doctoral clinical internship at West Virginia University School of Medicine – Charleston Campus. She has conducted research on eating disorder topics throughout her graduate school education, including a Masters thesis and Doctoral dissertation. She has also worked with clients with eating disorders during her graduate clinical training in inpatient, partial hospitalization, and outpatient treatment programs. She is passionate about the prevention and treatment of eating disorders!





## Location

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### WVU Health Sciences Center Charleston Campus Auditorium



Auditorium of the WVU Health Sciences Center, Charleston Campus, 3110 MacCorkle Avenue SE, Charleston, WV.

(Adjacent to CAMC Memorial Hospital). The facility is located on WV Route 61, east of downtown Charleston and is easily accessible from the 35<sup>th</sup> Street exit of I-64 east and I-77 south, and the MacCorkle Avenue exit of I-64 west and I-77 north.

### Parking

CAMC employees may park in the employee parking building. Non-CAMC employees may park in the visitor parking areas. Parking fees are the responsibility of the conference participants.

*If you require special accommodations and/or assistance, please inform us prior to your arrival at the conference.*



## Accommodations

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Participants are responsible for their own lodging reservations. Convenient lodging may be found at the following locations:

### Nearby

#### **Charleston Town Center Marriott**

200 Lee Street  
(304) 345-6500

#### **Embassy Suites**

300 Court Street  
(304) 347-8700

#### **Hampton Inn**

1 Virginia Street, West  
(304) 343-9300

#### **Four Points by Sheraton Charleston**

600 Kanawha Blvd. E  
(304) 344-4092





## Cancellations and substitutions policy

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You may cancel your registration up to 10 business days before the program and we will refund your full registration. If you need to cancel less than 10 business days prior to the program you may 1) send a substitute from your organization or 2) transfer your registration fee to another program of your choice that is scheduled within 12 months of your original event. Please note if you don't cancel and don't attend you are still responsible for payment.

## Comfort zone

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Although every effort is made to have a comfortable temperature in the meeting rooms, we realize everyone's comfort zone is different. Therefore, please bring a sweater or light jacket in case the room is too cool for our comfort.

## Disclosure

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It is the policy of the CAMC Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physicians Recognition Award (PRA) Category I or II credit must disclose any financial interest or other relationship (i.e. grants, research support, consultant, honoraria) that faculty member or spouse/partner has with the manufacturer(s) of any commercial product(s) that may be discussed in the educational presentation.

Program planning committee members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. All faculty and planning committee members have disclosed that no relationships exist.





Register online at [camcinstitute.org/conference](http://camcinstitute.org/conference)

## 6th Annual WV Eating Disorder Network Conference Friday | Mar. 22, 2019

**Please register no later than Monday, March 15, 2019.**

**\*\*On-site registration is available; however, we do encourage pre-registration to be assured a spot and meals for the day.**

Name \_\_\_\_\_

Degree/Specialty \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Hospital/Institution \_\_\_\_\_

- Conference fee:**
- Outside Participants ..... \$100.00
  - CAMC/WVU-Charleston employees ..... \$50.00
  - Community/Family Members ..... \$30.00  
*(lunch plus afternoon session)*
  - Students *(must include college ID)* ..... \$20.00
  - CAMC Students/Residents..... No charge

Please note that payment must accompany registration. Conference fee includes credit processing fee, conference materials, continental breakfast and lunch.

**You may register online at [camcinstitute.org/conference](http://camcinstitute.org/conference)**

**Method of payment:**  MasterCard  VISA  Check enclosed

Account # \_\_\_\_\_

Expiration date \_\_\_\_\_ Amount \_\_\_\_\_

Signature \_\_\_\_\_

**Make check payable to: CAMC Institute**  
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